



www.juliacookonline.com

JULIA  COOK

MOTIVATIONAL SPEAKER
& BEST-SELLING AUTHOR

MEDIA KIT

Meet Julia Cook!

MOTIVATIONAL SPEAKER & AWARD-WINNING AUTHOR

Julia is internationally recognized as a bestselling author, as well as a parenting and teaching expert. Her books have been referenced in such publications as *Parent's Magazine*, *The New Yorker*, *Green Child Magazine*, *The Huffington Post*, *The Chicago Tribune*, *Yahoo.com*, *DrLaura.com* and *BabyZone.com*. She has also been featured on CNN's HLN News and many local news shows in major metropolitan markets. She has also consulted with Apple and hundreds of urban school districts.

Born and raised in Salt Lake City, Julia first began her teaching career as a ski instructor. This experience led to a love of teaching in general. She earned her Master's degree in School Counseling.

Julia currently resides in northern Utah.



The Presentations



POPULAR TOPICS

- ✓ Dealing with Big Emotions
- ✓ Celebrating & Appreciating Differences
- ✓ Improving Relationships with Others
- ✓ Controlling Impulsive Behavior
- ✓ Dealing with Anxiety & Stress
- ✓ Coping with Depression
- ✓ Handling Peer Pressure
- ✓ Listening & Following Instructions

AS SEEN ON **NBC News** **HEADLINE NEWS** **The New Yorker** **LOS ANGELES TIMES** **Home & Family**

Testimonials

“Thank you for sharing your amazing talents with our students, teachers and parents. You have a true gift!”

--Laurel K.
School Counselor

“Julia Cook’s unique ability to enter the worldview of children thru literature is impeccable! She is a difference maker in our world.”

--Kim N.
5th Grade Teacher

The Books



Julia wants all children to have the ability to become life-long problem solvers. Her books serve as a vehicle to convey “great people skills” into the minds of all who read them.

BOOK AWARDS

Association of Educational Publishers Distinguished Achievement Award

- *My Mouth is a Volcano*
- *I Am a Booger...Treat Me With Respect*

**National Parenting Center's
SEAL of Approval**

- *I Want to Be the Only Dog*
- *The Worst Day of My Life EVER!*
- *I Just Don't Like the Sound of NO!*

Teacher's Choice Award

- *Uniquely Wired*

Autism Book of the Year

- Awesome Dawson Has Big Emotions
- Uniquely Wired

STATISTICS

4 million+

Books Sold

100+

Titles in Print

3800+

School Visits Since 2006

1500+

Subscribers at
COOKIE BYTES by Julia

9

Translated Languages



JULIA'S BOOKS ARE PUBLISHED BY

- Little Brown Hachette
- Wiley Jossey-Bass
- National Center for Youth Issues (NCYI)
- Boys Town Press
- SourceBooks

RECENT RELEASES

- *The Big OOPS!*
- *Teach Kids, Not Content*
- *The Lucky Button*

UPCOMING TITLES JULY 2027

- *The Torn Heart* (Little Brown Hachette)



GET IN TOUCH

Julia Cook is available for speaking engagements, as well as interviews for podcasts, magazine, blogs, and social media.



julia@juliacookonline.com



www.juliacookonline.com



www.juliacookonline.com/news

Julia

Quick Facts



BACKGROUND

Salt Lake City, Utah

Born and Raised

Ski Instructor

First Job

University of Utah

B.S. - Elementary Education

Wayne State University

M.S. - School Counseling

Northern Utah

Currently Resides

Accordion & Unicycle

Plays One & Rides One...
At The Same Time!